



PAGE 1: MUST BE COMPLETED BY PARENT OR GUARDIAN

PAGE 2: MUST BE COMPLETED and SIGNED BY A HEALTH CARE PROFESSIONAL (MD, DO, NP, or PA)

****Both pages must be completed to participate****

Camper Name: _____
 Camp Attending: _____ Date of Birth: _____

MEDICAL INSURANCE INFORMATION

Do you have health insurance? [] YES [] NO
 Insurance Company: _____ Insurance Phone: () - _____ Group Name: _____
 Policy Holder Name: _____ Insurance Policy Number: _____ Date of Coverage: _____
 Other Information: _____

Please complete the following and list any information and/or necessary treatments or medications that will assist our staff of athletic trainers.

Please list any health problems, allergies, or barriers to learning, or behavioral issues we should be concerned with including previous significant injuries, current medical treatment, and/or allergies to medications: (Please use back page if necessary)

List all medications the camper takes, the frequency, and purpose of each medication (attach additional page, if necessary):

| Medication Name | Frequency | Purpose of Medication |
|-----------------|-----------|-----------------------|
| | | |
| | | |

EMERGENCY AND OTC MEDICATION CONSENT FOR CAMP

I hereby give my consent to emergency medical treatment and to assist with the management of prescription medication in accordance with prescription instructions. per standing orders:

| Treatment: | Initials: | Treatment: | Initials: |
|---|-----------|---|-----------|
| Acetaminophen (Tylenol) for pain or fever* | | First Aid & Wound Care OTCs (Neosporin, Band-Aids, etc.) | |
| Ibuprofen (Advil, Motrin) for pain or inflammation* | | Consent to EMS care and transport, should it be necessary. | |
| Diphenhydramine (Benadryl) for allergic reactions* | | Assist with the management of prescription medication in accordance with prescription instructions. | |

*Dosages will be administered according to the manufacturer's guidelines unless otherwise specified by a healthcare provider.

When was the camper's last tetanus shot? ____/20____ (month/year)

New Jersey and Massachusetts Camps/Academies MUST also include a copy of the participant's Immunization Records

PRIVACY STATEMENT & ACKNOWLEDGEMENT

Subject to HIPAA and state laws, medical information provided is confidential and disclosed only to authorized personnel or as required by law. By signing, you consent to this use and disclosure. You may revoke consent in writing at any time. As the parent/guardian of the named child, I've provided accurate information and will upload a signed form and recent physical. I consent to medical treatment for my child during camp if needed. If I am unreachable in an emergency, I authorize treatment.

Parent/Guardian Signature: _____ Phone: _____
 Print Name: _____ Email: _____ Date: _____

Please upload the completed form to your account online 3 weeks *prior* to the start of camp. While you can also bring this form to camp, we recommend completing and uploading it online beforehand.



TO BE COMPLETED BY HEALTH CARE PROFESSIONAL – PHYSICAL EXAMINATION FORM

Camper Name: _____

Date of birth: _____

| EXAMINATION | | |
|---|---------------------|--|
| Height: _____ | Weight: _____ | |
| BP: / (/) | Vision: R 20/ L 20/ | Corrected: <input type="checkbox"/> Y <input type="checkbox"/> N |
| Pulse: _____ | | |
| MEDICAL | NORMAL | ABNORMAL |
| Appearance Marfan stigmata (kyphoscoliosis, high-arched palate, pectus excavatum, arachnodactyly, hyperlaxity, myopia, mitral valve prolapse [MVP], and aortic insufficiency) | | |
| Eyes, ears, nose, and throat Pupils equal Hearing | | |
| Lymph nodes | | |
| Heart Murmurs (auscultation standing, auscultation supine, and Valsalva maneuver) | | |
| Lungs | | |
| Abdomen | | |
| Skin: Herpes simplex virus (HSV), lesions suggestive of methicillin-resistant Staphylococcus aureus (MRSA), or tinea corporis | | |
| Neurological | | |
| MUSCULOSKELETAL | NORMAL | ABNORMAL |
| Neck | | |
| Back | | |
| Shoulder and arm | | |
| Elbow and forearm | | |
| Wrist, hand, and fingers | | |
| Hip and thigh | | |
| Knee | | |
| Leg and ankle | | |
| Foot and toes | | |
| Functional: Double-leg squat test, single-leg squat test, and box drop or step drop test | | |

³ Consider electrocardiography (ECG), echocardiography, referral to a cardiologist for abnormal cardiac history or examination findings, or a combination of those.

Other Notes: _____

MEDICAL ELIGIBILITY – SECTION MUST BE COMPLETED BY A MEDICAL PROFESSIONAL

I have examined the camper named on this form and conducted a pre-participation physical. The camper is medically cleared as follows for football camp. If new conditions arise, I may revoke this clearance until issues are resolved and fully explained to the athlete and guardians.

- Full Participation
- **Limited Participation
- No Participation

**If Limited Participation, please provide details: _____

Signature of health care professional: _____, MD, DO, NP, or PA Date: _____

Address: _____ Phone: (____) _____